

2019 Southern Metropolitan Championships - 30/06/2019**Results****Event 6 Women 70 & Over 50 LC Meter Freestyle**

Name	Age	Team	Finals Time
--- McDonough, Pat	73	Balmain Kool Kats-NSW	NS
--- Devine, Christine	71	Coogee Penguins-NSW	NS
--- Williams, Jan	71	Forster Turtles-NSW	NS
--- Fahey, Wendy	70	Forster Turtles-NSW	NS
--- Russell, Judi	72	Maroubra Seals	NS
--- Waterman, Jenny	72	Bondi Icebergs-NSW	NS
--- McCloskey, Jan	75	Bondi Icebergs-NSW	NS
--- MacIntosh, Barbara	70	Maroubra Seals	NS

Event 7 Men 70 & Over 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Long, Peter	72	Bondi Icebergs-NSW	34.41
2 Stokes, Phil	72	Forster Turtles-NSW	34.53
3 Cahill, John	74	Bondi Icebergs-NSW	35.47
4 Gough, Chris	71	Cronulla Polar Bears-NSW	37.05
5 Heavener, Terry	71	Clovelly Eskimos	37.90
6 McBride, Tom	70	Forster Turtles-NSW	40.38
7 Hampson, Rod	71	Stanwell Park Sea Eels-NSW	41.25
8 Quinn, Dick	72	Cronulla Polar Bears-NSW	42.56
9 McDermid, Col	70	Bronte Splashers-NSW	43.62
10 Gavegan, Gary	72	Coogee Penguins-NSW	44.06
11 MacIntosh, Peter	74	Maroubra Seals	44.53
12 Mead, David	71	Clovelly Eskimos	44.74
13 McDonald, Peter	71	Stanwell Park Sea Eels-NSW	45.09
14 Morgan, Dennis	72	Coogee Penguins-NSW	45.50
15 McIntyre, Norm	79	Balmain Kool Kats-NSW	54.84
--- White, Ron	77	Balmain Kool Kats-NSW	NS

Event 9 Men 65 & Over 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Quigley, George	67	Clovelly Eskimos	31.40
2 Keevers, John	65	Clovelly Eskimos	31.47
3 Mundy, Graham	68	Cronulla Polar Bears-NSW	32.09
4 McCrae, Graham	65	Stanwell Park Sea Eels-NSW	32.16
5 Phillips, Iain	72	Bondi Icebergs-NSW	32.18
6 Scott, Michael	66	Maroubra Seals	35.32
7 Mortlock, Greg	68	Coogee Penguins-NSW	36.85
8 Martin, Greg	65	Forster Turtles-NSW	37.06
9 Gow, Alan	70	Bondi Icebergs-NSW	37.35
10 Tambree, Gary	66	Forster Turtles-NSW	38.47
11 McIlwaine, Garry	74	Balmain Kool Kats-NSW	47.44
--- Hennessey, John	67	Cronulla Polar Bears-NSW	NS

Event 11 Men 60 & Over 50 LC Meter Freestyle

Name	Age	Team	Finals Time
1 Barnes, Michael	64	Clovelly Eskimos	30.07
2 Harvey, Greg	60	Bronte Splashers-NSW	31.56
3 Anderson, Peter	63	Bondi Icebergs-NSW	32.22
4 Showniruk, Boris	64	Clovelly Eskimos	32.50
5 Kerr, Andrew	65	Cronulla Polar Bears-NSW	32.96
6 Spears, Ken	62	Bondi Icebergs-NSW	33.15
7 Haywood, Colin	63	Forster Turtles-NSW	33.66
8 Allum, Greg	64	Cronulla Polar Bears-NSW	34.00
9 Green, Tim	61	Coogee Penguins-NSW	34.97
10 McDowall, Dave	64	Coogee Penguins-NSW	37.28
11 Thorn, John	64	Forster Turtles-NSW	38.88

2019 Southern Metropolitan Championships - 30/06/2019**Results****(Event 11 Men 60 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Finals Time
12	Brown, Tony	64	Maroubra Seals	49.46
---	Foley, Michael	60	Bronte Splashers-NSW	NS

Event 12 Women 55 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	McInerney, Annie	55	Balmain Kool Kats-NSW	36.06
2	Graham, Lynn	59	Forster Turtles-NSW	37.53
3	Broderick, Jane	59	Bondi Icebergs-NSW	38.25
4	Taylor, Marion	56	Clovelly Eskimos	40.06
5	Dodd, Rachel	60	Forster Turtles-NSW	40.38
6	Vinicombe, Niki	61	Bondi Icebergs-NSW	44.25
7	Mead, Deborah	59	Stanwell Park Sea Eels-NSW	44.65
8	Martin, Carolyn	57	Clovelly Eskimos	44.91
9	Stacey, Marinka	58	Maroubra Seals	45.91
10	Wilson, Lorraine	57	Maroubra Seals	50.22

Event 13 Men 55 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Massar, Ron	58	Cronulla Polar Bears-NSW	29.41
2	Sproule, Craig	57	Bondi Icebergs-NSW	30.06
3	Stewart, John	55	Clovelly Eskimos	30.47
*4	Palfrey, Martin	58	Bronte Splashers-NSW	31.06
*4	Malley, Mick	59	Bondi Icebergs-NSW	31.06
6	Ballard, Gary	59	Cronulla Polar Bears-NSW	31.25
7	Chalmers, Greg	59	Balmain Kool Kats-NSW	32.19
8	Hayes, Rick	58	Maroubra Seals	32.84
9	Lehane, Peter	56	Stanwell Park Sea Eels-NSW	35.31
10	Gooley, Wayne	58	Forster Turtles-NSW	37.63
11	Wilson, Dave	55	Maroubra Seals	37.87
---	Moss, Patrick	56	Clovelly Eskimos	NS

Event 14 Women 50 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
---	Peterson, Susie	55	Clovelly Eskimos	NS
---	Pepper, Wendy	56	Clovelly Eskimos	NS
---	Royston, Elizabeth	52	Maroubra Seals	NS
---	Stewart, Margie	55	Forster Turtles-NSW	NS
---	King, Leanne	54	Forster Turtles-NSW	NS
---	Hobby, Sue	54	Bronte Splashers-NSW	NS
---	Mocclair, Donna	53	Bondi Icebergs-NSW	NS
---	Bours, Helen	50	Bronte Splashers-NSW	NS
---	Symonds, Jennie	55	Maroubra Seals	NS
---	Hughes, Merran	51	Bondi Icebergs-NSW	NS

Event 15 Men 50 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Storrie, Col	50	Cronulla Polar Bears-NSW	27.79
2	O'Sullivan, Mark	53	Maroubra Seals	29.46
3	Poot, Michael	52	Cronulla Polar Bears-NSW	29.78
4	Lekeu, Henri	51	Clovelly Eskimos	30.19
5	Halstead, Richard	53	Bondi Icebergs-NSW	30.43
6	Giltinian, James	53	Clovelly Eskimos	31.25
7	Randall, Greg	51	Forster Turtles-NSW	31.47
8	Powys, Glen	52	Bronte Splashers-NSW	31.56
9	McDonald, Ken	53	Bronte Splashers-NSW	36.00
---	O'Rourke, Tim	50	Maroubra Seals	DQ
---	Jackson, Brent	54	Bondi Icebergs-NSW	NS

2019 Southern Metropolitan Championships - 30/06/2019**Results****Event 17 Men 45 & Over 50 LC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Fitzgerald, Nick	47	Bondi Icebergs-NSW	27.81
2	Maybury, Joel	46	Bondi Icebergs-NSW	28.41
3	Tam, Troy	48	Cronulla Polar Bears-NSW	28.94
4	McDonald, Kieth	49	Bronte Splashers-NSW	31.38
5	Smith, Roger	49	Forster Turtles-NSW	31.40
6	Stacey, Gavin	54	Maroubra Seals	32.12
7	Hetherington, Mark	51	Clovelly Eskimos	32.38
8	Steiner, Paul	51	Maroubra Seals	32.97
9	Zavgorodniy, Alex	46	Balmain Kool Kats-NSW	33.65
10	Ballard, Gary	59	Cronulla Polar Bears-NSW	33.84
11	Hardy, Ed	45	Coogee Penguins-NSW	34.40
12	Hanbridge, Gavin	48	Coogee Penguins-NSW	40.68
---	Miller, Pat	49	Bronte Splashers-NSW	NS
---	Webber, Karl	45	Stanwell Park Sea Eels-NSW	NS
---	Money, Geoff	54	Clovelly Eskimos	NS

Event 21 Men 35 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Moffa, Dan	35	Bondi Icebergs-NSW	27.40
2	Chapman, Blair	39	Clovelly Eskimos	27.72
3	Murphey, Adam	39	Cronulla Polar Bears-NSW	27.88
4	Hoffer Tebbe, Thomas	36	Clovelly Eskimos	28.07
5	Melville, Kurt	36	Cronulla Polar Bears-NSW	28.13
6	Galgut, Kiva	35	Bondi Icebergs-NSW	28.22
7	Godwin, Lincoln	35	Forster Turtles-NSW	29.53
8	Allchin, Robert	50	Maroubra Seals	30.91
9	Kwok, Chau	37	Coogee Penguins-NSW	38.53
---	Larkin, Justin	38	Stanwell Park Sea Eels-NSW	NS
---	Muller, Alexis	36	Balmain Kool Kats-NSW	NS

Event 22 Women 30 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
---	Stovin-Bradford, Sarah	34	Clovelly Eskimos	NS
---	Olah, Michelle	33	Balmain Kool Kats-NSW	NS
---	Moxham Hall, Vivienne	30	Stanwell Park Sea Eels-NSW	NS
---	Douderina, Anna	32	Clovelly Eskimos	NS
---	Cooper, Amanda	36	Bondi Icebergs-NSW	NS
---	Blomberg, Maddi	31	Bondi Icebergs-NSW	NS
---	Lumley, Gemma	32	Coogee Penguins-NSW	NS
---	Craig, Helen	55	Maroubra Seals	NS

Event 26 Women 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
---	McGill, Ali	20	Balmain Kool Kats-NSW	NS
---	Jeffries, Erin	29	Clovelly Eskimos	NS
---	Smith, Elisha	43	Maroubra Seals	NS
---	Hoey, Sam	36	Forster Turtles-NSW	NS
---	Lekeu, Kelsey	22	Clovelly Eskimos	NS
---	De Augora, Kate	23	Bronte Splashers-NSW	NS
---	Miller, Dori	48	Bondi Icebergs-NSW	NS
---	Von Hartitzsch, Melonie	41	Bronte Splashers-NSW	NS
---	Royston, Karla	19	Maroubra Seals	NS
---	Blomberg, Maddi	31	Bondi Icebergs-NSW	NS

2019 Southern Metropolitan Championships - 30/06/2019

Results

Event 28 Mixed 18 & Under 300 LC Meter Freestyle JUNIOR CLUB RELAY Relay

	Team	Relay	Finals Time
1	Maroubra Seals	A	3:02.28
2	Bondi Icebergs-NSW	A	3:02.87
3	Bondi Icebergs-NSW	B	3:30.85
4	Clovelly Eskimos	A	3:46.78

Event 30 Men 85 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Crane, Les	87	Bondi Icebergs-NSW	54.00
2	Godwin, Ben	87	Forster Turtles-NSW	1:02.88
---	Williams, Les	91	Bondi Icebergs-NSW	NS

Event 32 Men 80 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Stanford, Col	80	Cronulla Polar Bears-NSW	37.97
2	Kirkland, Jack	80	Cronulla Polar Bears-NSW	39.59
3	Wilde, Ted	80	Bondi Icebergs-NSW	39.87
4	Dowse, John	84	Bondi Icebergs-NSW	50.31
---	MacGregor, Rob	83	Maroubra Seals	NS
---	O'Flynn, Dennis	82	Maroubra Seals	NS
---	Hudson, Terry	84	Forster Turtles-NSW	NS

Event 33 Women 75 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Hill, Lea	75	Bondi Icebergs-NSW	42.88
2	Godwin, Joy	77	Forster Turtles-NSW	50.72
3	Kinghorn, Pat	76	Bondi Icebergs-NSW	50.75
4	White, Fran	77	Balmain Kool Kats-NSW	1:04.93

Event 34 Men 75 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Nichols, Gary	79	Bondi Icebergs-NSW	34.07
2	Robinson, Phil	75	Bondi Icebergs-NSW	35.06
3	Waterman, Peter	77	Cronulla Polar Bears-NSW	38.41
4	Allen, Brian	76	Maroubra Seals	39.32
5	Bourke, Ian	76	Cronulla Polar Bears-NSW	39.91
6	Matthews, Steve	75	Balmain Kool Kats-NSW	42.41
7	Hammond, Syd	77	Balmain Kool Kats-NSW	46.65
8	Hall, Ralph	78	Stanwell Park Sea Eels-NSW	47.62

Event 35 Women 70 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Waterman, Jenny	72	Bondi Icebergs-NSW	46.65
2	McDonough, Pat	73	Balmain Kool Kats-NSW	50.13
3	Fahey, Wendy	70	Forster Turtles-NSW	51.75
4	McCloskey, Jan	75	Bondi Icebergs-NSW	54.75
5	MacIntosh, Barbara	70	Maroubra Seals	58.78
6	Russell, Judi	72	Maroubra Seals	58.91
7	Williams, Jan	71	Forster Turtles-NSW	1:01.00
8	Devine, Christine	71	Coogee Penguins-NSW	1:02.16

Event 36 Men 70 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Stokes, Phil	72	Forster Turtles-NSW	33.31
2	Long, Peter	72	Bondi Icebergs-NSW	33.41
3	Gough, Chris	71	Cronulla Polar Bears-NSW	34.53
4	Cahill, John	74	Bondi Icebergs-NSW	35.25
5	Heavener, Terry	71	Clovelly Eskimos	36.81

2019 Southern Metropolitan Championships - 30/06/2019**Results****(Event 36 Men 70 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Finals Time
6	McBride, Tom	70	Forster Turtles-NSW	40.81
*7	Quinn, Dick	72	Cronulla Polar Bears-NSW	41.47
*7	Hampson, Rod	71	Stanwell Park Sea Eels-NSW	41.47

Event 37 Women 65 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Carmody, Susan	66	Forster Turtles-NSW	41.87
2	Cranch, Janice	67	Bondi Icebergs-NSW	42.50
3	Austron, Christina	69	Bondi Icebergs-NSW	43.22
4	Smith, Marion	65	Forster Turtles-NSW	51.16
5	Ryan, Anne	68	Clovelly Eskimos	51.95
6	Clegg, Sandra	65	Bronte Splashers-NSW	52.63
7	Halls, Kaye	66	Coogee Penguins-NSW	56.50
8	Hart, Jeanette	69	Coogee Penguins-NSW	1:18.10

Event 38 Men 65 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Keevers, John	65	Clovelly Eskimos	29.55
2	Quigley, George	67	Clovelly Eskimos	29.65
3	Mundy, Graham	68	Cronulla Polar Bears-NSW	31.44
4	Phillips, Iain	72	Bondi Icebergs-NSW	32.13
5	McCrae, Graham	65	Stanwell Park Sea Eels-NSW	32.97
6	Martin, Greg	65	Forster Turtles-NSW	35.80
7	Scott, Michael	66	Maroubra Seals	36.02
8	Mortlock, Greg	68	Coogee Penguins-NSW	36.44

Event 39 Women 60 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Pettit, Philomene	60	Clovelly Eskimos	34.09
2	Critoph, Lisa	61	Maroubra Seals	35.62
3	Curtis, Anne	64	Forster Turtles-NSW	37.16
4	Lekeu, Karon	60	Clovelly Eskimos	39.41
5	Godwin, Gina	60	Forster Turtles-NSW	39.81
6	Thompson, Fiona	60	Bondi Icebergs-NSW	40.72
7	Hireme, Caroline	63	Bondi Icebergs-NSW	50.84

Event 40 Men 60 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Barnes, Michael	64	Clovelly Eskimos	30.03
2	Harvey, Greg	60	Bronte Splashers-NSW	30.87
3	Anderson, Peter	63	Bondi Icebergs-NSW	31.28
4	Kerr, Andrew	65	Cronulla Polar Bears-NSW	31.93
5	Allum, Greg	64	Cronulla Polar Bears-NSW	32.62
6	Showniruk, Boris	64	Clovelly Eskimos	33.03
7	Haywood, Colin	63	Forster Turtles-NSW	33.09
8	Spears, Ken	62	Bondi Icebergs-NSW	34.12

Event 41 Women 55 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	McInerney, Annie	55	Balmain Kool Kats-NSW	36.35
2	Graham, Lynn	59	Forster Turtles-NSW	37.50
3	Broderick, Jane	59	Bondi Icebergs-NSW	38.69
4	Taylor, Marion	56	Clovelly Eskimos	39.69
5	Dodd, Rachel	60	Forster Turtles-NSW	40.72
6	Vinicombe, Niki	61	Bondi Icebergs-NSW	44.47
7	Mead, Deborah	59	Stanwell Park Sea Eels-NSW	44.69
8	Martin, Carolyn	57	Clovelly Eskimos	45.75

2019 Southern Metropolitan Championships - 30/06/2019**Results****Event 42 Men 55 & Over 50 LC Meter Freestyle**

	Name	Age	Team	Finals Time
1	Massar, Ron	58	Cronulla Polar Bears-NSW	28.63
2	Stewart, John	55	Clovelly Eskimos	29.62
3	Sproule, Craig	57	Bondi Icebergs-NSW	30.10
4	Malley, Mick	59	Bondi Icebergs-NSW	31.16
5	Palfrey, Martin	58	Bronte Splashers-NSW	31.19
6	Ballard, Gary	59	Cronulla Polar Bears-NSW	32.00
7	Chalmers, Greg	59	Balmain Kool Kats-NSW	32.82
8	Hayes, Rick	58	Maroubra Seals	33.09

Event 43 Women 50 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Mocclair, Donna	53	Bondi Icebergs-NSW	33.47
2	Bours, Helen	50	Bronte Splashers-NSW	34.15
3	Royston, Elizabeth	52	Maroubra Seals	35.88
4	King, Leanne	54	Forster Turtles-NSW	36.87
5	Hobby, Sue	54	Bronte Splashers-NSW	37.59
6	Pepper, Wendy	56	Clovelly Eskimos	38.82
7	Stewart, Margie	55	Forster Turtles-NSW	43.72
8	Peterson, Susie	55	Clovelly Eskimos	44.85

Event 44 Men 50 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Storrie, Col	50	Cronulla Polar Bears-NSW	26.34
2	O'Sullivan, Mark	53	Maroubra Seals	28.44
*3	O'Rourke, Tim	50	Maroubra Seals	29.66
*3	Poot, Michael	52	Cronulla Polar Bears-NSW	29.66
5	Jackson, Brent	54	Bondi Icebergs-NSW	29.81
6	Lekeu, Henri	51	Clovelly Eskimos	30.69
7	Giltinian, James	53	Clovelly Eskimos	30.94
8	Randall, Greg	51	Forster Turtles-NSW	31.25

Event 45 Women 45 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Miller, Dori	48	Bondi Icebergs-NSW	30.03
2	Simpson-Lee, Marg	48	Bondi Icebergs-NSW	32.00
3	Durston, Keran	47	Maroubra Seals	33.87
4	Makrylos, Cherie	48	Maroubra Seals	34.94
5	Jarrett, Jennifer	45	Clovelly Eskimos	37.69
6	Norman, Heidi	48	Clovelly Eskimos	38.07
7	Hales, Rebecca	46	Balmain Kool Kats-NSW	41.88

Event 46 Men 45 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Maybury, Joel	46	Bondi Icebergs-NSW	26.38
2	Fitzgerald, Nick	47	Bondi Icebergs-NSW	27.22
3	Tam, Troy	48	Cronulla Polar Bears-NSW	28.53
4	Smith, Roger	49	Forster Turtles-NSW	31.31
5	Stacey, Gavin	54	Maroubra Seals	31.72
6	Steiner, Paul	51	Maroubra Seals	32.10
7	Hetherington, Mark	51	Clovelly Eskimos	32.19
---	McDonald, Kieth	49	Bronte Splashers-NSW	DQ

Event 47 Women 40 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Smith, Elisha	43	Maroubra Seals	31.19
2	Von Hartitzsch, Melonie	41	Bronte Splashers-NSW	31.94

2019 Southern Metropolitan Championships - 30/06/2019**Results****(Event 47 Women 40 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Finals Time
3	Schumacher, Jamie	41	Bronte Splashers-NSW	33.47
4	Harding, Belinda	48	Bondi Icebergs-NSW	33.68
5	Ashley, Jann	49	Bondi Icebergs-NSW	35.09
6	Holland, Marissa	43	Forster Turtles-NSW	38.56
7	McCormick, Marianne	50	Clovelly Eskimos	41.85
8	Brauwiers, Miranda	47	Clovelly Eskimos	45.57

Event 48 Men 40 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Quinn, Jimmy	43	Cronulla Polar Bears-NSW	27.85
2	Henry, Talbot	43	Bondi Icebergs-NSW	27.88
3	Nothling, Simon	40	Bondi Icebergs-NSW	28.03
4	O'Sullivan, Mark	53	Maroubra Seals	28.90
5	Massar, Ron	58	Cronulla Polar Bears-NSW	29.43
6	Solly, Blake	41	Clovelly Eskimos	30.41
7	Boyle, John	41	Maroubra Seals	30.66
8	Sanchez, Ed	42	Clovelly Eskimos	31.25

Event 49 Women 35 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Durstton, Caroline	44	Maroubra Seals	32.38
2	Hansberry, Nicole	39	Clovelly Eskimos	32.47
3	Spears, Lauren	37	Bondi Icebergs-NSW	32.66
4	Foxton, Kristane	50	Bondi Icebergs-NSW	34.82
5	Espley, Nicky	36	Bronte Splashers-NSW	35.91
6	Baillet, Geraldine	39	Clovelly Eskimos	36.31
7	MacIntosh, Michelle	45	Maroubra Seals	36.34
---	Hoey, Sam	36	Forster Turtles-NSW	NS

Event 50 Men 35 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Murphey, Adam	39	Cronulla Polar Bears-NSW	26.22
2	Galgut, Kiva	35	Bondi Icebergs-NSW	26.75
3	Moffa, Dan	35	Bondi Icebergs-NSW	27.47
4	Hoffer Tebbe, Thomas	36	Clovelly Eskimos	27.56
5	Chapman, Blair	39	Clovelly Eskimos	27.60
6	Godwin, Lincoln	35	Forster Turtles-NSW	29.71
7	Allchin, Robert	50	Maroubra Seals	31.10
8	Melville, Kurt	36	Cronulla Polar Bears-NSW	31.28

Event 51 Women 30 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Douderina, Anna	32	Clovelly Eskimos	30.97
2	Blomberg, Maddi	31	Bondi Icebergs-NSW	31.03
3	Cooper, Amanda	36	Bondi Icebergs-NSW	33.84
4	Stovin-Bradford, Sarah	34	Clovelly Eskimos	35.63
5	Lumley, Gemma	32	Coogee Penguins-NSW	37.62
6	Craig, Helen	55	Maroubra Seals	48.21
7	Olah, Michelle	33	Balmain Kool Kats-NSW	1:00.04
---	Moxham Hall, Vivienne	30	Stanwell Park Sea Eels-NSW	NS

Event 52 Men 30 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Matthews, Ben	31	Cronulla Polar Bears-NSW	25.41
2	McDowall, Julian	31	Coogee Penguins-NSW	26.72
3	Watkins, Simon	45	Bondi Icebergs-NSW	29.10
4	Gadd, Richard	30	Bondi Icebergs-NSW	29.35

2019 Southern Metropolitan Championships - 30/06/2019**Results****(Event 52 Men 30 & Over 50 LC Meter Freestyle)**

	Name	Age	Team	Finals Time
5	Davies, Aaron	33	Balmain Kool Kats-NSW	30.21
6	Callaghan, Steve	32	Clovelly Eskimos	30.51
7	Dorney, James	43	Clovelly Eskimos	33.91
---	Quinn, Jimmy	43	Cronulla Polar Bears-NSW	NS

Event 53 Women 25 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Smith, Elisha	43	Maroubra Seals	31.04
2	Bell, Alexis	32	Bondi Icebergs-NSW	33.91
3	Meredith, Adrienne	50	Bondi Icebergs-NSW	34.31
4	Seagrave, Danielle	29	Bronte Splashers-NSW	35.91
5	Johnson, Shelby	29	Clovelly Eskimos	36.07
6	Spears, Kerri	34	Balmain Kool Kats-NSW	36.56
7	Flannigan, Elise	31	Clovelly Eskimos	39.94
8	Emerson, Jami	26	Bronte Splashers-NSW	41.75

Event 54 Men 25 & Over 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Bentley, Sean	26	Cronulla Polar Bears-NSW	25.47
2	Reynolds, Cameron	31	Bondi Icebergs-NSW	26.35
3	Stone, Keiran	28	Clovelly Eskimos	26.38
*4	Ferguson, Shaun	51	Cronulla Polar Bears-NSW	28.35
*4	Maclean, Tom	38	Bondi Icebergs-NSW	28.35
6	Bennett, Angus	26	Clovelly Eskimos	28.65

Event 55 Women 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	McGill, Ali	20	Balmain Kool Kats-NSW	29.07
2	Miller, Dori	48	Bondi Icebergs-NSW	30.56
3	Von Hartitzsch, Melonie	41	Bronte Splashers-NSW	32.29
*4	Schumacher, Jamie	41	Bronte Splashers-NSW	32.44
*4	Blomberg, Maddi	31	Bondi Icebergs-NSW	32.44
6	Jeffries, Erin	29	Clovelly Eskimos	32.63
7	Lekeu, Kelsey	22	Clovelly Eskimos	33.03
8	Royston, Karla	19	Maroubra Seals	35.04

Event 56 Men 50 LC Meter Freestyle

	Name	Age	Team	Finals Time
1	Gutherie, Cormac	20	Clovelly Eskimos	25.85
2	Stephens, Nick	24	Bondi Icebergs-NSW	27.13
3	Quinlan, Troy	31	Bronte Splashers-NSW	28.25
4	Murphey, Adam	39	Cronulla Polar Bears-NSW	28.56
5	Geldart, Jack	22	Cronulla Polar Bears-NSW	29.37
6	Dujardin, Guillaume	38	Clovelly Eskimos	29.88
7	Watkins, Simon	45	Bondi Icebergs-NSW	33.28
---	McDonald, Kieth	49	Bronte Splashers-NSW	NS

Event 57 Men 80 & Over 200 LC Meter Freestyle Relay

	Team	Relay	Finals Time
---	Bondi Icebergs-NSW	A	X3:21.66
---	Cronulla Polar Bears-NSW	A	NS

Event 58 Women 70 & Over 200 LC Meter Freestyle Relay

	Team	Relay	Finals Time
1	Bondi Icebergs-NSW	A	3:17.63
2	Forster Turtles-NSW	A	3:46.50
3	Balmain Kool Kats-NSW	A	4:01.34

2019 Southern Metropolitan Championships - 30/06/2019

Results

Event 59 Men 70 & Over 200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	2:24.44
2 Cronulla Polar Bears-NSW	A	2:37.55
3 Clovelly Eskimos	A	3:11.44
4 Balmain Kool Kats-NSW	A	3:28.90

Event 60 Women 60 & Over 200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Clovelly Eskimos	A	2:37.19
2 Bondi Icebergs-NSW	A	2:39.91
3 Forster Turtles-NSW	A	2:54.18

Event 61 Men 60 & Over 300 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Clovelly Eskimos	A	3:14.12
2 Cronulla Polar Bears-NSW	A	3:27.75
3 Bondi Icebergs-NSW	A	3:32.69
4 Forster Turtles-NSW	A	3:49.97

Event 62 Women 50 & Over 200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	2:17.47
2 Clovelly Eskimos	A	2:35.62
3 Forster Turtles-NSW	A	2:36.72
4 Bronte Splashers-NSW	A	2:40.25
5 Maroubra Seals	A	2:58.87

Event 63 Men 50 & Over 300 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Cronulla Polar Bears-NSW	A	2:57.97
2 Bondi Icebergs-NSW	A	3:00.22
3 Maroubra Seals	A	3:07.63
4 Clovelly Eskimos	A	3:09.25
5 Bronte Splashers-NSW	A	3:15.47
6 Forster Turtles-NSW	A	3:34.31
--- Balmain Kool Kats-NSW	A	NS

Event 64 Women 40 & Over 200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Maroubra Seals	A	2:11.84
2 Bondi Icebergs-NSW	A	2:12.28
3 Forster Turtles-NSW	A	2:35.81
4 Clovelly Eskimos	A	2:50.93

Event 65 Men 40 & Over 300 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	2:52.25
2 Cronulla Polar Bears-NSW	A	3:05.12
3 Clovelly Eskimos	A	3:27.28
4 Forster Turtles-NSW	A	3:33.28
5 Balmain Kool Kats-NSW	A	3:36.25

Event 66 Women 30 & Over 200 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	2:13.25
2 Clovelly Eskimos	A	2:13.69
3 Forster Turtles-NSW	A	2:15.69
4 Bronte Splashers-NSW	A	2:26.31

2019 Southern Metropolitan Championships - 30/06/2019**Results****(Event 66 Women 30 & Over 200 LC Meter Freestyle Relay)**

Team	Relay	Finals Time
5 Balmain Kool Kats-NSW	A	2:31.57
6 Maroubra Seals	A	3:01.81

Event 67 Men 30 & Over 300 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	2:47.40
2 Cronulla Polar Bears-NSW	A	2:47.57
3 Clovelly Eskimos	A	3:01.78

Event 68 Women 300 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Bondi Icebergs-NSW	A	3:19.04
2 Clovelly Eskimos	A	3:19.96
3 Maroubra Seals	A	3:23.43
4 Bronte Splashers-NSW	A	3:28.27
5 Balmain Kool Kats-NSW	A	3:37.56
6 Forster Turtles-NSW	A	3:59.72

Event 69 Men 500 LC Meter Freestyle Relay

Team	Relay	Finals Time
1 Cronulla Polar Bears-NSW	A	4:36.31
2 Bondi Icebergs-NSW	A	4:43.65
3 Clovelly Eskimos	A	4:58.82
--- Bronte Splashers-NSW	A	DQ